

The Integral Yoga - April 16-23, 2019

Sri Aurobindo was an Indian spiritual philosopher and an influential leader in India's fight for independence from Great Britain. In his book, "The INTEGRAL YOGA", he discusses the irresistible power of the Mother's grace. He notes how we have lost the sense of the Divine feminine aspect of the Absolute, and in reviving it describes the attitude needed to fully surrender to Her. In fact in the middle ages Europe, the devotion to the Divine Mother began even to replace or equal in devotion to that of Christ exemplified by the building of so many cathedrals called "NOTRE DAME".

We all know of a mother's love, the kindest most selfless love on earth. It is a healing love, pulling together that which has torn us apart. The Divine Mother constantly gives birth to all of the creation, in an immaculate conception wherein matter is not involved. Churches are usually dark inside and thus symbolize the womb of the Divine Mother, the place of a spiritual gestation where our fractioned self will be realigned. The great cathedrals from all over the world such as Notre Dame were created to reflect that purpose. To the ordinary man there is no notion of salvation, of redemption, of true initiation, of transmutations and of spiritual Alchemy. These teachings are only found in the principle of the mother, and the man of today sees only the material side of creation, which he opposes to the spirit. And it is because of this spiritual ignorance that the mother was forgotten. The cosmic Shakti, the cosmic mother, also known as the Mulaprakriti (root of the matter), is the feminine aspect of Purusha. This religious ignorance lead to a more masculine dominance in society and a lesser sensitivity to the condition of women in all areas.

Nonetheless, thousands of churches spread in Europe around the medieval time when Notre dame was built, reflecting the great fervor of Europe and the central aspect of full redemption through the great mother. Most of these churches were also called Notre

dame. The Cathedral highlights a journey of transmutation of the being that gives the opportunity to transmute our profane nature into the unique spiritual greater self. Similarly, this pilgrimage within the interior of a Cathedral is factually a real alchemical operation.

In Egypt Isis she was the virgin goddess of initiation giving divine birth to Horus. It is she who keeps for the planet, the sacred flame of the mysteries. All the elders, tells us in the secret doctrine, and have promised the cyclical return of the Virgin, and by her, the birth of a divine child who will revive the golden age. Thus while our mental faculties are needed to navigate through physical life, and even to make a better life, these faculties cannot guide us through the spiritual journey.

As the *primordial* egg, the cosmic mother in gestation is represented by the auric egg of our causal body which is the egg of whomever, the future initiate is gested by the great mother. The causal body is an intermediary between the absolute and the relative, it holds in its magnetic field the millions of lives that our body carries, as the egg of Brahma itself holds the millions of Globes and their becoming!

By the same token, the spiritual access to the supra-mental capacity is not separate from our mental, and does not negate it, but rather it becomes as one with it in a total reconciliation. Yet the movement to the supra mental at first seems to require a leap, the leap of faith that is necessary to activate and discover the real faith. Acts of faith can eventually lead to true faith.

The current human mental utilizes matter in a process of rationalization to maintain the vital functions thus assisting the survival instinct of our species. On the other hand, the spiritual mental turns into a supra mental which will utilize the matter without being dominated by it. Saints cannot be affected by Karma and are above matter. Miracles

occur spontaneously around them since matter is quite subservient to them. One names their children after Saints and sages in hopes that such an association will curry the favor of the Saint, or at least offer the child a model for life. The emerging supra-mental turns the human species, yet imperfect, towards new fields of supra-consciousness.

Permanently a divine force is at work that chooses at any instant what is to be done in this process of reintegration. Most usually we do not hear or heed this force, but it is there and operates always to guide those with ears to hear. We need only to allow this force to work.

The only interference that could occur comes from an injunction of the ego in the form of desire or attachment. It will introduce a selfish thought on how to take a decision, based upon desires and attachments, often arising from the influence or causality of a past life. We will also be influenced by even our sexual orientation, although in past lives we have been both male and female in many, many lives, and so both tendencies are fully within us. In this sense our soul ought to be on its guard at all times to remove the obscure desire of the ego. We should stop and question our impulses, and consider whether they are motivated by selfish needs, or by love. It is definitely a difficult way that tests all our physical and emotional senses. Any misleading in this area can lead to unhappiness and despair, but there is no other way. It is in effect hard and even counter intuitive for us to allow one's spiritual progress to be led by a divine proxy, and so the leap of faith is necessary and definitely is conditional to experience the living spirit acting within our soul. We ought not to do battle with ourselves when we discover egoic impulses, and the self-flagellation of past zealots is certainly not the right approach. Instead we should singly identify the karmic thoughts as they come and neutralize them by inviting the love of the Divine Mother to intercede, in a complete process of reabsorption. This unconditional surrender is quite disturbing for the neophyte as our world constantly whisper into our ears to hold your life under the control of the ego.

There are two rules to be followed: 1, one is to reject the ego's desire that is cloaked under the vital or selfish desire activated by a calculated mental interest; and 2, follow the voice of your consciousness and call upon the Divine Mother to lead your desires and steps. Whomever is capable of refusing the agents of obscure ignorance will get their way paved for treading on the highway of Light.