

The Integral Yoga - February 26, 2019

Below our physical consciousness in a most obscure area is a powerful subconscious within which are hidden all kinds of seeds carrying past experiences that could germinate and grow to the surface and be reborn. This action seems quite similar to that of our nourishing earth, the sense of which is deeply embedded within us. Furthermore, our current incarnation also throws forth new additional seeds that prolong and carry forward the past and thereby influence our future. This subconscious is truly obscure. However, like with a greenhouse effect, these seeds can suddenly germinate and sprout outward. Its movements are usually small and unnoticed. A lover of art in a prior life may send forth a seed inclining one to appreciate art in the next life. They can be, like our dreams, fantastically irrational, and are of great power when piercing through our physical consciousness, particularly the seeds from a strong personality. (Alcohol abuse or opioid will tend to weaken the main personality and allow these seedling sub personalities through to the main consciousness to spring out and affect our behavior).

Often the communication from within occurs without any awareness. On the other end we could also receive communication from a spiritual entity or teacher, which could operate at a below conscious levels. Many personal issues seem to get resolved unconsciously and great discoveries have arisen through during dreams. The famous Indian Mathematician Srinivasa Ramanujan “The Man who Knew Infinity”(Movie) is a story about a man who took great mathematical theorems directly from his subconscious, bypassing even the proofs and analysis used to support such theorems.

The existing, hidden and underlying psychic existence of the subconscious is the true link between our soul and all the rest of our existence. It operates upon us all the time, although we remain often unaware of it. We are today conscious of only a fraction of our full experience. It includes a massive number of preexisting personalities which constantly supplies the materials, and are the driving forces and the inner impulsion of our existence from its youthful manifestation to its full development. Sometimes they are so strong that they can dominate and override our feelings and actions; other times they are more subtle, and bring up a distant memory of a time long past.

Because of here now, in our earthly incarnation, we are dominated by a unique personality which has been created by the sum of our history since we were born. It gives us the illusion of a unique central personality. It encapsulates also the sum of forces present within us at the moment of birth (horoscope).

One should be reminded that this central personality is in fact supported by a multitude of sub personalities that constantly contribute with immeasurable influence to establish the main personality that we are today. One may distinguish the central personality from other sub personalities, since the latter are usually irrational and they can come and go

quickly. It is important to keep these sub-personalities under control, not necessarily destroying them but acutely distinguish them as they can be strong and adversely cause us to do things we would not ordinarily do. Strong sub personalities wants to extend its existence, and dominate influences on us to allow it to act itself out.

At the surface of our being, we seem to be cut off from all the world that surrounds us, other than through the limited transmission of our senses to bring about a simple highly truncated vision of the world, a world that just fits our sense of needs and personal expectations. The intent of a greater spirituality is to break the fences between us and the world universe around us, and to open the windows to our soul.

In the sense of our world we seem dominated by forces that arise and throw themselves upon us and around us. We are passive in the face of them and have no means to dominate or change them.

There exists however a post- world of supra-consciousness above us from which can descend new paradigms that would change our world in all its plenitude. All these latent forces await and can be received through the divine forces that directly work within each of us as means of transformation of our being and even allows us to bend nature all together at will. (Christ parable)