

The Integral Yoga: Shakti - March 19 2019

The heart has always been viewed at the center of divinity, i.e. the (Golden Cave of the heart) in India (Hridaya Guha) or the Sacred heart of Jesus in Christianity. In prehistoric time as well as in the antiquity world, Initiation often occurred in caves to signify a new birth, the awakening change from Darkness to Light. When one swear an oath, the hand goes always to the heart signifying pure intention. Note that while clairvoyance (vaticination) is a seeing involving the mind/heart communication, true prophecy is fully a function of the divine and do not uses the support of ordinarily language. In the antiquity of Greece, Delphi is famous as the ancient sanctuary that grew rich as the seat of Pythia, the oracle who was consulted about important decisions throughout the ancient classical world. Moreover, the Greeks considered Delphi the navel (or center) of the world, as represented by the stone monument known as the Omphalos of Delphi. A high priests was needed to interpret the mysterious oracle of the Pythia at the Temple of Apollo.

It is also with an open heart that one perceives beauty and though a letting go, opens the splintered self to its higher glory.

This integration of the fractionated self to the higher self is essentially feminine and overseen by Shakti. The 'Shakti' or divine mother of all creation has the power of the infinite and eternal, and she descends within us, break our psychological constructions, and tear off the skins (like molting) of our limited bubbles, and recomposes us to the whole self, merging the recompose and unique wave with the ocean. She then enlarges the power of vision, of creative ideation (of the image of our wholeness), and of perception. We move to our new plane, which is like being reborn. We drop our attachments, the clutter and rubbish of the past and never look back. She enlarges our soul in the way of her own model. Each new imperfection is destroyed and subsequently accelerates the work that could take many lives to shape through Karma. In fact, this direct path can achieve realization in just one lifetime.

The whole consciousness expands outward and it feels that the physical body is only but a tiny fraction, if not the smallest part, of the individual. One realizes then altogether the cosmic consciousness that extends to the universe. One begins to perceive the action of the universal mental (manas, mind) that separates the lies from the truth and also gives us the mastering of our mental. Each step of the slow evolution contains the latent seed that propel us into a new plane. The effect in your consciousness is quite stunning. We marvel as to why we stayed in the lower state of suffering for so long. The migration from one plane into another is like a complete breakthrough. You distance yourself from the 'old' to a point of no return.

In this new dimension the grandiose consciousness expands beyond the material aspect

of our constrained planet, gripped under the claws of matter. The state of seeming loneliness is overcome by boundless peace that invades your entire being. The new perceptions dominate and glance emotionless at the past state of 'has been'. It is like being into a new adventure, we are first at a loss into the new dimension trying to apprehend its limits but, to the contrary, the boundless freedom keeps us stunned and still in an "Awe moment" of bliss. We pass the demons who are the guardians at the threshold, fearless, and face heroically the limitlessness of our potential.