

Transformation - March 3, 2020

One of the main challenges about the spiritual path is to allow yourself to go through the transformation of life for which you are destined. Unfortunately, most people succumb to their own inertia and refuse to allow this challenge to take place, perhaps out of fear of change, animated by the sense of survival. Such exacerbated fear can form a pseudo-personality which can even take precedent on our current personality with its darkness and entraps us, even unto possible future lifetimes. In our life how often do we pass up an opportunity out of some fear of inadequacy, which then keeps blocking us throughout the rest of our life path. Furthermore, the instinct for preservation of self and family will become another near impossible obstacle to overcome. The ego will always resist the power of transformation arising within us (coming from our 'higher self'), and acts to resist life itself! One who centers his attention exclusively in the power of the ego will ensure to become its slave and make no progress at all. The 'status quo' whose popular road seems to be more comfortable, and adequate leads to more attachment to our materiality and possessions; but the essence of the spiritual life is to detach from the past, keep moving forward in accepting the experiences and challenges as they arise. More often we get great sensitivity to apprehend coming events or changes. Detachment does not mean to abandon our duties and relationships at all; rather it means to engage them from the point of view of our greater, more loving and peaceful Self.

The way of the spirit does not use the mental power of reasoning or intellectual processes even though these are most used and revered in society. It follows none of the rules of these processes, nor a mental consciousness that can lead it. (Note that this doesn't really pertain to the "automatic" processes of life that are routine and generally don't involve action with a deep attachment of mind.) The way of the spirit does not require concentration or thought, and can act lightning quick. Such is the action of a hero, who ignores the ego and dashes on to assist someone, risking their own life without even thinking about their own. The supra-mental or higher self can transmit messages in an instant, and can often involve emergent warnings concerning humanity of such as a pandemic or tsunami. Dreams can also be an important source of communication.

It also implies that one cannot play off the two consciousness: one mental and one spiritual as a sort of satisfactory combination, a cooperation between the two. The mental is not on equal footing with the spiritual, at all!

All in life requires an 'acceptance' and it is through such acceptance, even a submission or surrender, that one opens the door of Transformation.

All forms of life that are not capable of change or transformation are condemned to disappear. Such is the case for all the species of the past that no longer exist since they could not adapt to a new environment or survive the action of disease.

The mental of the human species, although very much the cornerstone of our society, ought to make way for the new 'spiritual man' within and a new supra-mental, which will use the materialism, that is, live in the material world, without being dominated by it.

The personal mental will yield itself to the divine will within that will dictate what ought to be done at each instant.

This will be the way of our reintegration into the Absolute. This new force will lead us through the ways and means that the mental will not comprehend because of the 'vast' and complex interior process.